

CSSR & SRRM DEGREE & PG COLLEGE
(AUTONOMOUS)

UG (CBCS) REGULAR EXAMINATIONS, OCT- 2025

BA/BBA/B.Com/BSc(CS) Honours, SEMESTER-III

Multidisciplinary Course

HEALTH AND HYGIENIC

(w.e.f. 2024-25 Admitted Batch)

Time: 2 hrs.

(No additional sheet will be supplied)

Max. Marks: 50

SECTION - A

I. Answer any FOUR questions. Each Question Carries 5 Marks.

4 X 5 =20 M

1. Importance of Nutrition
2. Food Sources of Calcium
3. Vitamin A source and Deficiency
4. Environmental Health & it's Concerns
5. National Urban Health Mission Framework (NHUM)
6. Importance and Function of Water
7. JSK Helpline
8. Swasth Bharath

SECTION - B

II. Answer any THREE questions. Each Question Carries 10 Marks.

3 X 10 =30 M

9. Explain the Functions, Dietary sources, effects of Deficiency of Lipids.
10. Give an Account on Vitamins.
11. What is Health Organization? Explain roles of NIN and FNB.
12. Explain Health Education – Principles & Strategies.
13. Describe Community and Personal Hygiene.
14. Explain VHSNC (Village & Hygiene Sanitation & Nutritional Committee) Roles and Responsibilities.

